

October HOT Lunch Menu 2026				
Monday	Tuesday	Wednesday	Thursday	Friday
<u>Allergen(s) Key</u> (S) Contains Soy (W) Contains Wheat (D) Contains Dairy (E) Contains Egg		<u>Kitchen Director:</u> Mrs. Erin Matthews <u>Email:</u> ematthews@myjacs.org <u>School Phone Number:</u> (517)782-2664	1 Sixth Grade Cold Lunch Grilled Cheese (S, W, D), Tomato Soup (W, D), Veg, Fruit, Milk	2 LC HOMECOMING Uncrustable* (W), Cucumbers w/Ranch (D, E) Fruit, Milk *Contains Peanuts
5 PICTURE RETAKE DAY French Toast Sticks (S, W, D, E) w/Syrup Sausage Patty, Hashbrown, Fruit, Milk	6 Macaroni & Cheese (W, D), Veg, Fruit, Milk 	7 STUDENT COUNT DAY Chicken Tenders (W), Mashed Potato (D) with Gravy (W), Veg, Milk 	8 Sweet-N-Sour(S) Meatballs (S, W, D) over Rice, Veg, Fruit, Milk	9 POPCORN FRIDAY Chicken Taco Meat, Tortilla Chips, Nacho Cheese (D), Shredded Lettuce, Salsa, Veg, Fruit, Milk Scooby Snacks (S, W)
12 Blueberry Waffle (S, W, D, E) Sausage Links, Hashbrown, Fruit, Milk 	13 Hot Dogs, Bun (W), French Fries, Fruit, Milk Chili* (W) Cheese* (M) Optional Toppings for Hot Dog	14 SPIRIT DAY Chicken Nuggets (S, W), Tater Tots, Veg, Milk  	15 Turkey & Cheese (D) Sandwich (W) Carrot Sticks w/ Ranch (D, E), Fruit, Milk Rice Krispie Treat (D)	16 NO SCHOOL 
19 Pancakes (S, W, D, E) with Syrup, Ham, Hashbrown, Fruit, Milk 	20 Hamburger, Bun (W), Pickle Slices, Chips, Fruit, Milk	21 Popcorn Chicken (S, W) French Fries, Fruit, Milk 	22 OCTOBER BIRTHDAYS Beef Spaghetti Sauce over Penne Pasta (W), Garlic Toast (W, D), Veg, Fruit, Milk	23 End of 1st Quarter Free Pizza Day  OatmealChocChip Bar (W, D, E)
26 English Muffin (W, D) with Jelly, Egg & Cheese Omelet (D, E) Hashbrown, Fruit, Milk	27 Beef Taco Meat, Tortilla Chips, Nacho Cheese (D), Shredded Lettuce, Salsa Veg, Fruit, Milk	28 Teriyaki (S, W) Chicken with Vegetables over Rice, Fruit, Milk 	29 Chicken Patty (S, W), Bun (W), Shredded Lettuce, Veg, Fruit, Milk 	30 Halloween Lunch Open Faced Toasted Ham & Cheese (D) Sandwich (W), Cheez-Its (S, W, D) Carrot Sticks w/ Ranch (D, E) Fruit, Milk